



*“Let us hold fast  
the profession of our faith  
without wavering;  
for he is faithful that promised.”*

HEBREWS 10:23

***He sent his word, and healed them,  
and delivered them from their de-  
structions.***

**Psa 107:20**

## **31 Healing Devotions**

**by Reinhard Ratz**

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## **Forward**

Matt 6:33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

1Jo 4:19 We love Him because He first loved us.

Above all, have a personal relationship with Jesus Christ as Savior. Spend time with God through prayer and His Word. Live the Word in your daily life.

The following meditations are intended to strengthen the reader in God's provision of health through Jesus Christ.

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### **1. Jesus bore our sickness**

Isa53:5 But He was wounded for our transgressions, he was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed.

1Pe2:24 who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness-- by whose stripes you were healed.

See Jesus not only bearing your sins, but also paying for your healing through the stripes He bore. You are healed because of what Jesus has done for you. We have peace from sickness and disease because of what Jesus has done for us.

## **2. Healing in His Wings**

Mal 4:2                      But to you who fear My name the Sun of Righteousness shall arise with healing in His wings; and you shall go out and grow fat like stall-fed calves.

'The fear of the Lord is to hate evil.' Let us purpose with the help of God to forsake all evil. Let us not have pleasure in evil or in watching those who do evil. Abide under the wings of the Sun of righteousness and receive your healing just as those who were healed from the shadow of Peter, who was empowered by the Holy Spirit (Acts 5).

## **3. Heals every sickness**

Matt 9:35                  Then Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

Note that Jesus healed every sickness and disease. There is no case too difficult for Jesus. There is nothing in your past that will hinder Jesus from healing you; turn from dead works and come to Jesus for your healing.

## **4. Not according to our works**

Tit 3:5 not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit,

Tit 3:6                      whom He poured out on us abundantly through Jesus Christ our Savior,

Let us always recognize that we receive salvation, healing and deliverance according to God's mercy. Let us not rely on our works but wholly trust in Jesus Christ, our Savior.

## **5. Delight in the Word**

Psa 37:4                      Delight yourself also in the LORD, and He shall give you the desires of your heart.

This goes along with 'Seek first the kingdom of God, and his righteousness; and all these things shall be added unto you.' It is God's will for us to be healthy. Everything you need is given as you put God first and delight in Him.

## **6. Anoint with oil**

James 5:14-16

14     Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.

15     And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

16     Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

God has made a way to be healed. 'The prayer of faith shall save the sick, and the Lord will raise him up.' Receive your healing as you are prayed for by the elders of the church.

## **7. Prayer and fasting**

Mark 9:29     So He said to them, "This kind can come out by nothing but prayer and fasting."

Jesus filled with the Holy Spirit went into the desert where 'he did eat nothing' and overcame temptation from the devil. He then returned in the power of the Spirit. Fasting allows you to lay aside the flesh and allows the Holy Spirit to flow through you. When you fast, let your profession of faith be intensified. Search the scriptures for instances of victories preceded by fasting. Pray and meditate upon the Word while you fast.

## **8. As your soul prospers**

3Jo 1:2 Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

This scripture can be claimed by each of us. Our soul, which includes our mind, prospers as we feed ourselves with the Word of God. We will prosper and be in health as our soul prospers from the Word of God.

## **9. Your leaf shall not wither**

Psa 1:1-3

1 Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful;

2 But his delight is in the law of the LORD, and in His law he meditates day and night.

3 He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.

As you avoid listening to ungodly counsel, and do not fellowship with sinners and are not scornful of others and delight yourself in God's Word continually, you will be like a tree planted by the rivers of water. As you in this passage are compared to a tree, then by saying your leaf will not wither, it is to say you will be healthy.

## **10. The blood covering**

Exo 12:13 Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt.

See your body as your house and the blood of Jesus Christ applied over it. The destroyer is not allowed in because of the blood.

## **11. Your benefit**

Psa 103:1-3

1 Bless the LORD, O my soul; and all that is within me,  
bless His holy name!

2 Bless the LORD, O my soul, and forget not all His  
benefits:

3 Who forgives all your iniquities, who heals all your  
diseases,

As a born again child of God, you have a right to the benefits of following Jesus Christ. As you have received forgiveness of sins, so also, receive God's healing into every area of your life.

## **12. Name of Jesus**

Acts 3:16 "And His name, through faith in His name, has made this man strong, whom you see and know. Yes, the faith which comes through Him has given him this perfect soundness in the presence of you all.

The apostle Peter clearly said the man, who had been lame and had been given perfect soundness, was made whole by the name of Jesus Christ of Nazareth and not through Peter and John's own power or holiness. The name of Jesus has the same power today as it did then. As we abide in the name of Jesus, we too can say to the cripple, 'In the Name of Jesus Christ of Nazareth, rise up and walk.' Justified

## **13. Justified**

Prov 12:21 No grave trouble will overtake the righteous,  
but the wicked shall be filled with evil.

Rom 5:9 Much more then, having now been  
justified by His blood, we shall be saved from wrath through  
Him.

See yourself justified by the blood of Jesus Christ and  
therefore protected from any evil happening to you.

#### **14. Protection from evil**

Psa 91:9-10

9 Because you have made the LORD, who is my  
refuge, even the Most High, your dwelling place,  
10 No evil shall befall you, nor shall any plague come  
near your dwelling;

As we put our complete trust in God, we are protected from evil, no disease can even come close to your dwelling. We claim God promise that we will be 'visited with evil' as we, with the help of God, live for God.

#### **15. Power of the Word**

Heb 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

See the Word of God as having the power to cut out of our lives anything not of God. Read it and apply it in love.

Rom 10:8 But what saith it? The word is nigh thee, even in thy mouth, and in thy heart: that is, the word of faith, which we preach; (KJV)

Lets speak God's Word over our lives.

#### **16. Free through the Word**

John 8:31-32

31 Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed.

32 "And you shall know the truth, and the truth shall make you free."

John 8:36 "Therefore if the Son makes you free, you shall be free indeed.

The Word of God continuously applied to our lives will free us from hindrances, bondages and disease.

## **17. The Blood Covenant**

John 6:56 "He who eats My flesh and drinks My blood abides in Me, and I in him.

1Cor 10:16

16 The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?

See yourself as having a blood covenant with Jesus Christ. The blood of Jesus Christ is in you all the way to the tips of your fingers and toes. There is no room for sickness or disease where the blood of Jesus Christ is.

## **18. Discern the Lord's Body**

1Cor 11:28-30

28 But let a man examine himself, and so let him eat of the bread and drink of the cup.

29 For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body.

30 For this reason many are weak and sick among you, and many sleep.

Are we walking in love toward others, and in particular toward our fellow members of the body of Christ? Are we obeying that Word of God that we do know and understand?

1Jo 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

As we do this verse, we see ourselves cleansed by Jesus of anything unrighteous in our body and soul.

## **19. Long life promised**

Psa 91:14-16

14 "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name.

15 He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.

16 With long life I will satisfy him, and show him My salvation."

As we set our love on Jesus Christ, we will be delivered from sickness or anything not of God. Abiding in the love of Jesus Christ will be accompanied by a long life.

## **20. It's God's Nature**

Exo 15:26 and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you."

See it as God's nature to want to heal you and keep you healthy. As we live for God, His mercy will keep us.

## **21. Holy Spirit Empowered**

Rom 8:11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

The same Holy Spirit that raised Jesus Christ from the dead is inside you as a born again child of God. Let the Holy Spirit fill you to overflowing. When the Holy Spirit fills your temple, which is your body, there is no room for sickness or anything foreign.

## **22. Worketh miracles**

Gal 3:5                    Therefore He who supplies the Spirit to you and works miracles among you, does He do it by the works of the law, or by the hearing of faith?--

We are to 'follow peace with all men, and holiness.' Yet we have to continue past this, not relying on our works, but upon the great provision of God for our healing. Read the Word of God out loud. Pray the Word of God out loud. Hear those who are preaching faith in God.

## **23. Health promised**

Isa 58:8                    Then your light shall break forth like the morning, your healing shall spring forth speedily, and your righteousness shall go before you; the glory of the LORD shall be your rear guard.

As we help are merciful to others, we claim God's mercy in our lives. Our health will spring forth speedily.

## **24. Send the Word**

Psa 107:20    He sent His word and healed them, and delivered them from their destructions.

God's Word will heal your every part as you partake of the Word of God. Read the Word out loud to yourself and take time to think about what you are reading. If you need clarification, get help to understand the Word. Take regular and large doses of the Word which is 'spirit and life.'

## **25. Better Covenant**

Heb 8:6                    But now He has obtained a more excellent ministry, inasmuch as He is also Mediator of a better covenant, which was established on better promises.

Psa 105:37    He also brought them out with silver and gold, and there was none feeble among His tribes.

Under the new covenant, we can claim God's keeping and enabling power through our Lord Jesus Christ. When the Israelites came out of Egypt there was not one feeble (sick) person among them. They had just partaken of the Passover Lamb. Let us partake of the Passover Lamb, Jesus Christ, and be strong in Him.

## **26. What do you want?**

John 5:6                    When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"

Jesus is ready to make us whole. We have to determine ourselves that we have had enough of not being whole. Jesus is saying, 'Rise , take up thy bed, and walk.' Jesus is saying, 'Stretch forth thy hand.' Jesus is saying, 'Daughter, be of good comfort: thy faith hath made thee whole; go in peace.'

Acts 3:16            "And His name, through faith in His name, has made this man strong, whom you see and know. Yes, the faith which comes through Him has given him this perfect soundness in the presence of you all.    (NKJ)

As Christians, we can command sickness and disease to leave in the Mighty Name of Jesus Christ!

## **27. Don't forsake your mercy**

Jonah 2:8-10

8 "Those who regard worthless idols forsake their own Mercy.

9 But I will sacrifice to You with the voice of thanksgiving; I will pay what I have vowed. Salvation is of the LORD."

10 So the LORD spoke to the fish, and it vomited Jonah onto dry land.

Jonah prayed while in a fish's belly. Hopeless situations will be turned to the good as we turn to God and pray as Jonah did. Let us not forsake the mercies God has for us by looking at circumstances instead of to Jesus, the author and finisher of our faith. Let us 'sacrifice with the voice of thanksgiving.'

## **28. Redeemed from the curse**

Gal 3:13 Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"),

Eph 1:7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace

Through the shed blood of Jesus Christ, we have been redeemed from the curse which comes from sin. Through Jesus Christ, we claim redemption from sin and its effects. Jesus Christ bore sin and disease on the cross so that we don't have to.

## **29. Acceptable Words**

Psa 19:14 Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my strength and my Redeemer.

Let us examine ourselves and ask God to help us remember words or thoughts that are not in love or do not tend to life. Let us repent of wrong words or thoughts, so our prayers will not be hindered. Think and say words that are in line with the Word of God.

Matt 9:21 For she said to herself, "If only I may touch His garment, I shall be made well."

Make a contact point of faith. By laying on of hands or other means promised in God's Word. As you do, Jesus says, 'thy faith hath made thee whole.'

## **30. As Moses lifted the serpent**

Num 21:9 So Moses made a bronze serpent, and put it on a pole; and so it was, if a serpent had bitten anyone, when he looked at the bronze serpent, he lived.

John 3:14-15

14 "And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up,

15 "that whoever believes in Him should not perish but have eternal life.

Even though the Israelites had sinned by speaking against God and Moses, a provision for healing was made when Moses interceded for the people. Everyone who would look on the serpent of brass would live. The serpent on the cross is still used today by the medical profession as a symbol of healing. Let us look to Jesus, who is the author and finisher of our faith. Receive your healing as you fix your thoughts on Jesus.

### 31. When praying forgive

Matt 6:14-15

14 "For if you forgive men their trespasses, your heavenly Father will also forgive you.

15 "But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

Matt 5:7 Blessed are the merciful, for they shall obtain mercy. (NKJ)

Do not let unforgiveness hinder receiving God's forgiveness and mercy in your own life. Consider how much God has forgiven you already. Forgive and walk in love toward others.

**This book** has been written for the believer in Jesus Christ. The believer is under the new covenant and can claim their inheritance in the Bible passages brought out. If you have never asked the Lord Jesus Christ into your life as Savior, do so right now. Pray the following prayer:

Heavenly Father, I come to you in the Name of Jesus, I repent of my sins and dead works, I confess with my mouth that Jesus is Lord, I believe in my heart, with everything inside of me, that God, you raised Jesus from the dead. I thank you Father, that now according to your Word, I am saved.

As you have sincerely prayed this prayer, you are now a child of God.

2Cor 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

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